

### **RECREATION & ENTERTAINMENT**

PLACES TO GO, THINGS TO DO

There are many free and inexpensive things to do in and around Cuyahoga County area, especially downtown and in the University Circle. Many may have a variety of special programs, exhibits, events and productions. For up-to-date information, check local editions of the *Free Times* and *Scene Magazine*, as well as the Web site *Clevelandlive.com*. All of the places cited are RTA accessible from all parts of the city.

#### UNIVERSITY CIRCLE 216-791-3900

The home of the Cleveland Museum of Art, the Museum of Natural History, Case Western Reserve University, Severance Hall and the Cleveland Botanical Gardens, and many other attractions, University Circle is a year -round hub of activity. In addition to world-class museums, the scenic splendor of the area makes it a great place for rest, recreation and inspiration. Easily accessible by RTA.

www.universitycircletogether.org



PLACES TO GO. THINGS TO DO

### <u>CLEVELAND MUSEUM</u> 216-421-0018 <u>OF ART</u>

One of the finest museums in the world, the Cleveland Museum of Art plays host to many different special events and exhibits throughout the year in addition to its continuing displays of world renowned art and artifacts. The museum is free, except for special programs and exhibits.

### MUSEUM OF NATURAL 216-231-4600 HISTORY

Another one of Cleveland's gems, the Cleveland Museum of Natural History has a continuing rotation of entertaining and educational exhibits and programs.

### <u>CLEVELAND BOTANICAL</u> 216-721-2056 GARDENS

A place of quiet splendor all year long, the Cleveland Botanical Gardens offers a place to savor the beauty of plants and flowers, that soothes the soul and nurtures the spirit, particularly during the cold winter months.



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### ROCKEFFLER PARK 216-664-3103 GREENHOUSE

Another great place of quiet splendor all year long, as well as a place to savor the beauty of plants and flowers.

# CLEVELAND 216-421-7450 CINEMATHEQUE

For movies that are different, interesting and unique, the Cleveland Cinematheque offers alternative films at affordable prices.

### ROCK & ROLL HALL OF FAME & MUSEUM 888-764-7625

Offering numerous live performances at discounted rates during the summer months, the Rock and Roll Hall of Fame and Museum is a place that can provide enjoyment and entertainment throughout the year.



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### GREAT LAKES SCIENCE CENTER

216-694-2000

(Home of the Omnimax Theater)

The Great Lakes Science Center is located right next to the Rock Hall. It is a great place to go on a summer day, to take in Lake Erie, or during the winter months, to escape the chill.

### CLEVELAND PUBLIC 216-623-2856 LIBRARY

One of the great architectural structures in the Cleveland area, the Cleveland Public Library offers great literature, information, educational materials and new computer and Internet technology at no charge. The library also hosts free readings by famous authors throughout the year that are open to the public.



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## CLEVELAND STATE 216-687-2000 UNIVERSITY (CSU)

Located in the heart of downtown Cleveland at East 21st and Euclid. Cleveland State University plays host to many cultural, artistic and educational programs throughout the year. Cleveland State is very accessible by RTA bus lines from all parts of the county.

# COMMUNITY COLLEGE (TRI-C)

216-987-4000

Tri-C is a hub of artistic, cultural and educational programs throughout the year. Tri-C offers classes that are accessible, affordable and most of all rewarding. Some classes can be taken for college credit and others, such as art, writing, literature and computers can be taken for personal enrichment. The campuses are RTA accessible from all parts of town.



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### <u>CLEVELAND METROPARKS</u> 216-661-6500 AND ZOO

Cuyahoga County's Emerald Necklace is one of the great treasures of the North Coast. What's more, the Cleveland MetroParks Zoo and Rain Forest have become a world-class tourist attraction. For residents of Cuyahoga County, admission to the Zoo (except for the Rain Forest) is free on Mondays.

#### THE WEST SIDE MARKET 216-664-3387

Perhaps the best place to go to people watch and become part of the diverse energy of the city, the West Side Market is centrally located on West 25th Street and Lorain Avenue. It is a great place to spend an hour or two. It's open Monday, Wednesday, Friday and Saturday. In the summer, there are open-air markets held every Saturday across the street from the market. (filled with vendors and performers) Have a cup of coffee, buy an apple, take in the energy.



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### PROFESSIONAL ALLIANCE OF CLEVELAND THEATERS

There are a number of small, professional and community theatres in the Cleveland Area that provide provocative, engaging and often affordable alternative forms of live entertainment. Often discounts are available through drop-in centers and almost all are accessible by RTA. The Professional Alliance of Cleveland Theaters includes The Cleveland Public Theater, Dobama Theater, The Beck Center of the Arts, The Ensemble theater, Karamu House and the Cleveland Shakespeare Company. www.ArtsOhio.com

THE CLEVELAND 216-631-2727 PUBLIC THEATER

**DOBAMA THEATER** 216-932-6838

THE BECK CENTER OF 216-521-2540 THE ARTS



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THE ENSEMBLE THEATER 216-321-2930

<u>KARAMU HOUSE</u> 216-795-7070

<u>THE CLEVELAND</u> 216-795-7000

**PLAY HOUSE** 

EAST CLEVELAND THEATER 216-851-8721

BRECKSVILLE LITTLE 440-526-4477

**THEATER** 

<u>CAIN PARK THEATER</u> 216-371-3000

### **Volunteer**

Many of the arts organizations listed in this section need volunteer ushers to help seat people at performances. To inquire about becoming a volunteer usher, contact the organization of your choice.



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#### **Community Events**

There are also many other ways to get out and be a part of the community at low or no cost. Community high schools, for instance, offer a wide range of athletic events, as well as drama and musical performances that are open to the public.

There are also church and parish groups that form sports leagues, attend concerts and embark on day-trips that might be of interest to you.

In addition, the YMCA/YWCA offers a sliding scale for membership. This is another great way to get out and get involved in sports and recreation, which is a key ingredient of recovery.

### **Bring a Friend**

Any of these social or recreational events is the perfect opportunity to strengthen the bonds of friendship. Ask a friend to join you on an outing.



### **MY RECOVERY NOTES**

TOOLS FOR RECOVERY



"My recovery
was assisted in times
of my deepest despair
by my willingness
to honor my spiritual self,
my ability to look to
Someone, something,
outside of myself,
be it a person
or an object."

~Amy K. Long

**TOOLS FOR RECOVERY**