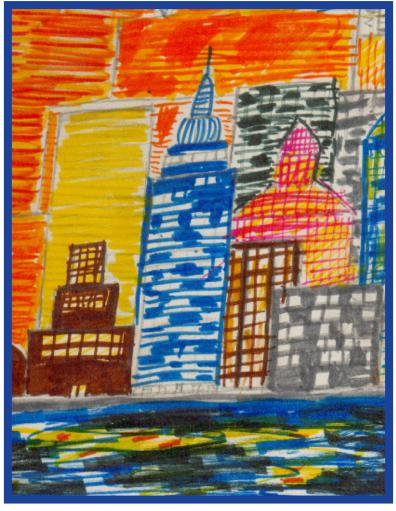


Services Directory



Metropolis

Kathryn E. Gambatese Board Chair William M. Denihan Chief Executive Officer

EMERGENCY RESOURCES FOR ADULTS AND CHILDREN

24 Hours - 7 Days a Week

HOTLINES

24-HOUR SUICIDE PREVENTION HOTLINE FOR ADULTS & CHILDREN	800-SUICIDE (784-2433)
24-HOUR SUICIDE PREVENTION/MENTAL HEALTH CRISIS/INFOIREFERRAL FOR ADULTS & CHILDREN	RMATION/
MHS, Inc	216-623-6888
AIDS	
AIDS/HIV/STD of Ohio	
(9 a.m7 p.m., Mon-Fri; 10 a.m2 p.m., Sat & Sun)	-800-332-2437
Centers for Disease Control AIDS	-800-342-2437
ALCOHOLISM	
Recovery Resources	216-431-4131
CHILD ABUSE	
Cuyahoga County Department of Children	
and Family Services216-6	96-5437(KIDS)
DRUG ABUSE	
Narcotics Anonymous	-888-438-4673
Meeting information and peer intervention	
FAMILY HELP	214 222 222
Bellflower Center 24-hour Family Helpline	216-229-8800
INFORMATION AND REFERRAL	217 427 2000
First Call for Help, United Way Services(Voice and TTY) 211 or	£ 216-436-2000
RAPE	217 710 7102
Cleveland Rape Crisis Center	216-619-6192
OUTREACH	
24-HOUR MENTAL HEALTH INFORMATION	
& REFERRAL SERVICES FOR ADULTS & CHILDREN	216-623-6888
MHS, Inc.	
WARM-LINE	440-886-5950
Mental health consumers may speak with other mental health consumers about	various topics.

AT TIMES, WE ALL NEED A HELPING HAND

ver 280,000 people in Cuyahoga County need a helping hand with some type of mental illness. Think about it. That is approximately one in five people in your daily contact with the world around you. The impact of mental illness may interfere with a person's ability to think, feel and relate to others. That means that people with mental illness may need a helping hand to obtain adequate housing, education and employment. With appropriate mental health services, partnership, trust and hope, people living with mental illness can experience personal recovery and lead full and productive lives.

The Cuyahoga County Community Mental Health Board is responsible and accountable for the planning, funding and monitoring of public mental health services delivered to the residents of Cuyahoga County. In Fiscal Year 2005, (July 1, 2004 to June 30, 2005) we provided funding for community mental health services to over 32,000 residents, including 19,628 adults and 12,560 children. Our primary focus is to care for the needs of severely mentally disabled adults, as well as severely emotionally disturbed children and adolescents.

Under Ohio law, the Cuyahoga County Community Mental Health Board is one of 50 boards coordinating the public mental health system in the State of Ohio. The Cuyahoga County Community Mental Health Board is a quasi-independent part of Cuyahoga County government, governed by a volunteer board of 18 Governors—six appointed by the Ohio Department of Mental Health and 12 appointed by the Cuyahoga County Commissioners. This Board of Governors has the legal responsibility and authority for the provision of mental health services in Cuyahoga County via its provider agencies. The Board also contracts to provide mental health related services and assists consumers through self-help and peer empowerment.

Residents who require a helping hand with mental health emergencies for adults and children, or have questions about mental health services, may call 216-623-6888, 24-hours a day, seven days a week, for assistance. The Board contracts with MHS, Inc., to provide these services to the community.

A mission and vision for the planning, funding, monitoring and policy making for the Cuyahoga County community mental health system has been established.

Visinn

Create a model system of mental health care

Mission

Develop, manage and sustain an evolving system of community mental health care

MENTAL HEALTH SERVICES AND RECOVERY

The Cuyahoga County Community Mental Health Board has embraced the Recovery Model and has partnered with provider agencies, consumers and family members to empower consumers and provide assistance on the road to recovery. The Recovery Model is built on partnership, trust and hope, supporting choices for the achievement of individual recovery and promoting dignity, respect and excellent care.

The Cuyahoga County Community Mental Health Board contracts with its provider agencies to provide the following mental health services that assist consumers on the road to recovery:

COMMUNITY PSYCHIATRIC SUPPORTIVE TREATMENT (CPST) Formerly Community Support Program (CSP): A person or team responsible for helping mental health consumers make informed choices about available services and assuring coordination of those services and access to personal support.

COMMUNITY SERVICES: Information and referral assistance, community education, mental illness prevention activities, and/or offers consultation/training to staff of provider agencies.

CRISIS MENTAL HEALTH SERVICES/INTERVENTION: Provides 24-hour, immediate response to (or on behalf of) mental health consumers who are in urgent need. Response is directed toward helping both the consumer and others involved to cope with mental health crisis, while assisting the consumer to remain in the community and avoid hospitalization to the greatest extent possible. Our 24-hour Mental Health Emergency/Information and Referral Hotline — 216-623-6888 — is this type of service.

EMPLOYMENT/VOCATIONAL SERVICES: Helps mental health consumers ultimately find and make use of appropriate employment opportunities.

HOUSING AND RESIDENTIAL SERVICES: Provides housing options to mental health consumers, ranging from 24-hour residential treatment to staffed group housing programs to periodic support of persons living independently.

OUTPATIENT SERVICES: Provides medical and mental health care to mental health consumers, including mental health assessment, pharmacologic management (medication treatment), behavioral health counseling, and partial hospitalization.

OTHER/SUPPORTIVE MENTAL HEALTH SERVICES: Includes residential support, therapeutic and specialized foster care, respite services, payee services and transportation services.

PARTIAL HOSPITALIZATION: Provides intensive outpatient services to consumers for at least three hours each day at a treatment facility, with consumers returning home each night.

SELF-HELP/PEER SUPPORT: Mental health related services, such as drop-in centers, club-house programs and the warmline, which are run by and for consumers.

AGENCIES PROVIDING MENTAL HEALTH SERVICES

The following is an alphabetical listing of agencies under contract with the Cuyahoga County Community Mental Health Board to provide specific mental health services. These agencies may also provide additional services that the Cuyahoga County Community Mental Health Board does not fund. The listing includes the agency name, address of main administration office and other service locations, telephone number, Web address and general description of services offered (both mental health and other services).

If you are looking for an agency providing a particular type of mental health service, refer to pages 16 and 17 for a chart of agencies cross-indexed with mental health service categories.

Many of the agencies listed here may be accessed only through a specific referral process, particularly agencies providing children's services. Also, under current Ohio law, minors fourteen years of age or older who do not present a danger to themselves or others may receive time-limited community mental health services, excluding medication, without parent/guardian consent or knowledge.

If you have any questions about an agency or its services, please call the phone number that is listed next to that agency's name.

Achievement Centers for Children	Phone 216-292-9700
4255 Northfield Road	Fax 216-292-9721
Highland Hills, Ohio 44128	
Patricia Nobili, Executive Director	

Lakewood Office:

14587 Madison Avenue.......216-521-5050

Lakewood, Ohio 44107

Strongsville Office:

15000 Cheerful Lane.......440-238-6200

Strongsville, Ohio 44136

The Achievement Centers for Children provides counseling and mental health assessments for children, teens and adults who have a physical, medical, neurological, and/or developmental disability. Also available are specialized mental health services which provide relationship-based counseling to families and young children, birth to five years of age, who are experiencing behavioral health issues. Rehabilitation therapies, recreational services, autism programs, family support services and child care services for individuals with special needs and their families are also provided. To learn more, contact Robin Webber at 216-292-9700.

Applewood Centers	Phone 216-696-5800
2525 East 22nd Street	Fax 216-696-6592
Cleveland, Ohio 44115	Intake 216-459-9827
Roberta King, Chief Executive Officer	www.applewoodcenters.org

Applewood Centers Satellite Offices

Children's Aid Society Campus	
Eleanor Gerson School2201 Superior Avenue	
Cleveland, Ohio 44114-4222 Jones Campus	
3518 West 25th Street	
Lorain County Office	, ,
5255 N. Abbe Road, Suite I Elyria, OH 44035-1451	

Applewood Centers, a nonprofit agency, is one of northeast Ohio's largest and most experienced providers of behavioral healthcare and social services for children, youth and families. Services include: outpatient counseling; psychiatry; residential services; partial hospitalization day treatment; adoption and foster care; training and education. Applewood Centers also operates the Eleanor Gerson School, an alternative high school for youth who are unsuccessful in standard schools. Services are offered in the home, in schools, and at a variety of locations in Cuyahoga County.

Beech Brook	Phone 216-831-2255
3737 Lander Road	Fax 216-831-0436
Pepper Pike, Ohio 44124	www.beechbrook.org
Mario Tonti, President	

11801 Buckeye Road Cleveland, Ohio 44120

23355 Mercantile Road Beachwood, Ohio 44122

Family Drop-In Center

Carl B. Stokes Social Service Mall

6001 Woodland Avenue

Cleveland, Ohio 44104

Beech Brook provides a full range of mental health programs ranging from prevention and early intervention services which strengthen and support families to intensive residential treatment for the most severely disturbed young children. Services include:

Short-term intensive treatment for the most seriously disturbed children ages 5-18.

Residential/day treatment for children ages 5-14 with serious emotional/behavioral problems.

Foster care for children who have been removed, either temporarily or permanently, from their birth families due to abuse/neglect.

Adoption placement and support services for school-age children and sibling groups.

Family preservation in-home therapy and support services for families in crisis.

Outpatient mental health services for children and their families.

AGENCY LISTING (cont'd)

School-based programming for children with emotional or behavioral issues in more than 30 schools in Cleveland and suburban school districts.

Early childhood services for children ages birth to 5 who have developmental or behavioral difficulties and also for those with autistic spectrum disorders.

Project STRIDE, a mentoring program for children experiencing crisis in foster or kinship care.

Parent support and education, prevention and early intervention programs which include parenting groups and classes; AIDS/HIV education and prevention; teen pregnancy prevention; parenting for homeless families; a drop-in family center; Early Start services for parents of children ages birth to 3.

Two Ways Home, a program designed to achieve permanency for children as quickly as possible by working simultaneously toward reunification with birth families and the identification of a permanent adoptive home, if reunification is not possible.

ACT Team for individuals 18-22 with severe and persistent mental illness.

Bellefaire JCB	Phone 216-932-2800
22001 Fairmount Boulevard	Fax 216-932-6704
Shaker Heights, Ohio 44118	www.bellefairejcb.org
Adam Jacobs, Ph.D., Executive Director	, ,

Provides a full array of behavioral health services to children, adolescents and their families. Services include outpatient counseling and psychological assessments, adoption placement, wraparound services such as Big Brother/Big Sister programs, therapeutic and specialized foster care, partial hospitalization, independent and transitional living and intensive in-home counseling (PACT). Residential treatment services include two secure stabilization units plus an intensive intermediate residential treatment unit, as well as a residential unit for children with autism. Additional programs range from school-based community education and prevention to early childhood development. Treatment specialties include Monarch School for children with autism, diagnosis and assessment, domestic violence and juvenile justice programming, treatment for physical and sexual abuse and related mental health issues.

Bellflower Center for

Prevention of Child Abuse	
11811 Shaker Boulevard, Suite 220	Fax 216-229-2474
Cleveland, Ohio 44120	www.bellflowercenter.org
Bill Eyman, Executive Director	_

Bellflower Center for Prevention of Child Abuse provides services to children, adults and families through a variety of programs relating to child abuse prevention through treatment and parenting. Individuals may receive mental health assessments, individual therapy, or attend group therapy. Bellflower Center offers home visiting programs for qualifying families. Crisis intervention is available through our 24-Hour Family Helpline, 216-229-8800.

Eldercare Services Institute (formerly Benjamin Rose) Phone 216-791-8000	
11900 Fairhill Road, Suite 300	Fax 216-373-1814
Cleveland, Ohio 44120-1053	www.benrose.org
Richard Browdie, President, Chief Executive Officer	_

Eldercare Services Institute (formerly Benjamin Rose Institute) serves adults 60+ residing in Cuyahoga County who need social, health, or supportive services. Mental health services include: mental health assessment, counseling, community psychiatric support treatment (case management) and partial hospitalization. Case management provides services which focus on helping consumers obtain comprehensive evaluations and those services necessary to maintain their independence. Home visits are available when appropriate. The Adult Day Program provides services for older persons with cognitive impairments. These services include therapeutic activities, personal care, occupational, speech and physical therapy, as well as transportation.

activities, personal care, occupational, speech and physical therapy, as well as transportation.		
Berea Children's Home and Family Services		
Administrative Offices 434 Eastland Road, Berea, Ohio 44017440-234-2006		
Residential Treatment Center/Group Homes 202 East Bagley Road, Berea, Ohio 44017440-234-2006		
Foster Care 285 East Bagley Road, Berea, Ohio 44017440-234-2006 364 North Main Street, Munroe Falls, Ohio 44262330-688-2995		
Community and Family Services 2121 East 32nd Street, Cleveland, Ohio 44115 440-234-2006 3235 Prospect Avenue, Cleveland, Ohio 44115 440-234-2006 3416 Prospect Avenue, Cleveland, Ohio 44115 216-426-8523 15200 Madison Avenue, Lakewood, Ohio 44107 216-529-0800 15040 Euclid Avenue, East Cleveland, Ohio 44112 216-851-8700 24567 West Road, Olmsted Falls, Ohio 44138 440-234-2006 303 East Bagley Road, Berea, Ohio 44017 440-234-2006 17 Church Street, Berea, Ohio 44017 440-234-2006 3561 Hamlin Road, Medina, Ohio 44256 440-234-2006		
Child Care Centers 132 Jacobs Street, Berea, Ohio 44017		

Berea Children's Home and Family Services is a multi-service agency serving children, youth and their families. Community Services include aftercare, adoption, child advocacy, Cuyahoga

AGENCY LISTING (cont'd)

County mental health, foster care (medically fragile, therapeutic, treatment), in-home family services, respite services, summer day camp respite, outpatient counseling and group homes. Community education programs and parent/child education are services available to the public. Children's Child Care Programs are located in Berea, Brook Park, Maple Heights, East Cleveland and Middleburg Heights. These sites also provide Head Start programs. The Treatment Center services include crisis stabilization, day treatment, mental health evaluation, residential treatment, secure care treatment and short-term emergency placement.

Bridgeway, Inc	Fax 216-281-5183
Cleveland, Ohio 44109 David Lundeen, Chief Executive Officer	www.bridgewayinc.org
8301 Detroit AvenueCleveland, Ohio 44102	Phone 216-281-2660
2103 Clark Avenue Cleveland, Ohio 44105	
8711 Denison Avenue Cleveland, Ohio 44102	
3146 Scranton Road Cleveland, Ohio 44109	
14050 Madison Avenue Lakewood, Ohio 44107	
Employment Alliance2900 Detroit Avenue Cleveland, Ohio 44102	Phone 216-875-0460
Living Miracles 1581 West 117th Street Cleveland, Ohio 44107	

Bridgeway offers community psychiatric support services, counseling, crisis intervention, employment, vocational, residential, Project One to One and independent living services to adults with severe mental illness and substance abuse issues. Also offered are adult sex offenders services, family preservation, parenting and counseling services with a family focus to older youth and adults. Drug and alcohol prevention services for children and youth are provided through our Playhouse. Treatment services for adults are provided through our Unbar program.

Outpatient counseling services are provided to individuals, children and families within a family context. Services may include mental health assessment, individual counseling and group counseling. Other services may be available on a case-by-case basis, depending on specific need and staff/program availability. Fees for mental health services are set on a sliding scale basis, with a private insurance and Medicaid being utilized when applicable. The Catholic Charities System also provides services to individuals with chemical dependency issues and a number of services are available to older adults.

Parmadale	
6753 State Road	Phone 440-845-7700
Parma, Ohio 44134	Fax 440-845-5910

Established in 1925, Parmadale has a distinguished history of serving youth and families within Cuyahoga County. As part of the Catholic Charities Services Corporation, Parmadale provides emotional trauma-recovery, adoption, and foster care servies for children and families in distress. Services include an integrated system of intensive and staff-secure adolescent residential treatment, foster care, adoption, and community-based mental health services including mental health assessment, counseling, and psychiatric-supported community treatment services.

Center for Families and Children Phone	216-432-7200
4500 Euclid Avenue Fax	216-432-7251
Cleveland, Ohio 44103	www.c4fc.org
Sharon Sobol Jordan, President, Chief Executive Officer	•

The Center for Families and Children serves more than 25,000 individuals, families and children at 14 individual sites. Professional staff in child care and early childhood education, counseling and mental health, youth services and the Fathers and Families Together Program, work with people faced with family conflict, personal crisis, and severe mental illness. The Ease@Work division provides an array of work-family benefits programs to area businesses and corporations.

Children's Community Access Program	. Phone	216-36	1-0285
2245 Warrensville Center, #50	Fax	216-36	1-0644
University Heights, Ohio 44118			
S. Carlton Betts, Jr., R.N.			

Please call for information about services.

The Cleveland Christian Home for Children	Phone 216-671-0977
11401 Lorain Avenue	Fax 216-941-2080
Cleveland, Ohio 44111	www.cchome.org
David Lundeen, Chief Executive Officer	_

Provides residential treatment, day treatment/partial hospitalization, specialized foster care services, adoption, independent and preindependent living services to children and adolescents with moderate to severe emotional and behavior problems. Offers specialized classrooms, assessments, and comprehensive mental health and psychiatric services. Provides outpatient counseling and intensive in-home family therapy services. Offers short-term respite and intensive diagnostic and case management services to youth and adolescents who are experiencing difficulty in maintaining placements.

AGENCY LISTING (cont'd)

Community Behavioral Health Center Phone 216-831-1494 3355 Richmond Road, Building A, Suite 225 Fax 216-831-9931 Beachwood, Ohio 44122

Arun Chattree, Executive Director

Community Behavioral Health Center (CBHC) provides quality mental health services to needy adult and elderly residents of northeast Ohio in the following counties: Ashland, Ashtabula, Cuyahoga, Lorain, Mahoning, Medina, Summit and Trumbull. Services provided include help for stress, behavior problems, mood disorders, depression and serious mental illness. CBHC also specializes in providing counseling and psychiatric services to residents of nursing homes, assisted living facilities and group homes.

The Court Psychiatric Clinic serves the criminal division of the Cuyahoga County Court of Common Pleas. This is the court which processes felony crimes committed by adult defendants. The Court Psychiatric Clinic is funded primarily by the Court of Common Pleas. Its purpose is to provide the Court with evaluations addressing various psycholegal issues.

Epilepsy Association	Phone 216-579-1330
2831 Prospect Avenue	Toll Free 800-653-4300
Cleveland, Ohio 44115	Fax 216-579-1336
Kelley Needham, Executive Director	www.epilepsyinfo.org

Offers comprehensive education and social services to individuals with epilepsy and their families. For persons who have both epilepsy and mental illness, these services include case management and counseling services.

Far West Center	Phone 440-835-6212
29133 Health Campus Drive	Fax 440-835-6231
Westlake, Ohio 44145	
Helen M. (Kelly) Dylag, President	www.farwestcenter.com

Far West Center is a private, nonprofit behavioral health center serving individuals and families in western Cuyahoga County since 1976. Far West Center is accredited by JCAHO. Services include: Mental Health Assessment; Individual, Family and Group Counseling and Psychotherapy; Psychiatric and Medication Management; Community Psychiatric Treatment Support for individuals and groups; and Partial Hospitalization. Specialized programs include: The Family Program, offering education and support for family caregivers; The Compeer Program, building bridges of friendship between clients and volunteers; The Help for Mom Program for women at-risk of postpartum depression. A multidisciplinary team of professionals work together to provide recovery-oriented care for persons with a severe mental illness and their families, as well as helping persons

experiencing severe life stress to achieve their highest level of health and well being. To request service, call the Intake Office at 440-835-6212. Far West Center is located on the Westlake Health Campus, 3 miles south of the 1-90 Crocker-Bassett exit.

Second Site

All services and programs provided at the Westlake Office are also available at Far West Center/Amherst.

Jewish Family Service Association

Ascentia: Pathways to Community Living

(Satellite Office)

Mentor, Ohio 44060

JFSA's Ascentia program provides integrated comprehensive services to individuals with serious mental illness and/or mental retardation and developmental disabilities and their families. Services include Community Support Services (case management, care coordination, peer support, assertive community treatment [ACT], and an emergency response team), Family Advocacy & Support (education, advocacy, financial and legal planning, pooled disability trust, and lifetime planning), Clinical & Therapeutic Services (medication management, nursing, health and wellness education, counseling, assessment and testing, Psychobiology Clinic and research), Residential Services (group residences, housing development, supportive living, specialized housing, center for independent living), and Work & Recreation Services (social and recreational activities, volunteer opportunities, vocational and employment services, job coaching, and computer instruction). Services are primarily delivered in the eastern suburbs.

Laurelwood Hospital35900 Euclid Avenue	
Willoughby, Ohio 44094	
Laurelwood Counseling Center of Beachwood. 23240 Chagrin Boulevard Beachwood, Ohio 44122	Phone 216-595-0500
Laurelwood Counseling Center of Mentor 7060 Wayside Drive	

Operates a for-profit facility for mental health and addictive disease services. Offers a full continuum of care, including inpatient, partial hospitalization and intensive outpatient therapy programs for mental health and addiction recovery. Provides comprehensive services with separate programs to address the needs of children, adolescents and adults. Outpatient services are available in Mentor and Beachwood.

AGENCY LISTING (cont'd)

1736 Superior Avenue (until 12/2006)
1744 Payne Avenue (after 12/2006) Cleveland, Ohio 44114 24-Hour Mental Health Emergency/Information
Cleveland, Ohio 44114 24-Hour Mental Health Emergency/Information
24-Hour Mental Health Emergency/Information
5 ,
& Referral Services for Adults and Children 216-623-6888
Steve Friedman, Ph.D., Executive Director

MHS is the provider of 24-hour-a-day, 7-day-a-week crisis intervention services to children, adolescents and adults in Cuyahoga County. Crisis services include information, referral and hotline services. The agency operates the Children Who Witness Violence Program for Cuyahoga County. MHS also provides county-wide services to adults who are homeless, severely mentally disabled and not linked with another agency. These services include: outreach, counseling/psychotherapy, intensive community support, medical screening, representative payee, emergency shelter and housing programs with varying levels of support and supervision. In addition, MHS provides the following services for homeless persons with a physical or developmental disability and/or HIV/AIDS: outreach, medical screening, representative payee and emergency shelter.

MetroHealth Medical Center Adult Services Phone 216-778-4428
MetroHealth Medical Center Child Services Phone 216-778-3745
2500 MetroHealth Drive
Cleveland, Ohio 44109
John Sideras, Chief Executive Officer

The MetroHealth Medical Center provides the following mental health services: mental health assessment, individual and group behavioral health counseling and therapy, pharmacologic management and partial hospitalization. For children: mental health assessment, pharmacologic management and individual behavioral health counseling and therapy services are offered.

MetroHealth Broadway Medical CenterPhone 216-957-1800 6835 Broadway Avenue Cleveland, Ohio 44105

This satellite office provides the following mental health services for adults: mental health assessment, individual behavioral health counseling and therapy, and pharmacologic management.

Murtis Taylor Human Services System (Adu	lt & Children Services)
(Main Campus)	Phone 216-283-4400
13422 Kinsman Road	
Cleveland, Ohio 44120	www.murtistaylor.org
Ruth A. Addison, Chief Executive Officer	,
Adult Behavioral Healthcare Center (ABC)	Phone 216-902-7500

3010 Project Avenue Fax 216-902-7513 Cleveland. Ohio 44115

A.C.T.Team – Adult Services	
MDC /Our Kids Behavioral Healthcare (Glenville Office) (Mothers, Dads & Children)	
MDC /Our Kids Behavioral Healthcare (Main Campus) (Mothers, Dads & Children)	
Northeast Suburban Office – Adult Services	
Southeast Suburban Office – Adult Services	
Therapeutic Community Residence (T.C.) – Adult Services 24-hour Care Center	

The center is committed to the provision of quality mental health services to individuals and families who are experiencing serious crises and are in need of therapeutic services. The center offers a comprehensive range of mental health services to support persons remaining in the community.

Northcoast Behavioral Healthcare	Phone 330-467-7131
P.O. Box 305	Fax 330-467-2420
1756 Sagamore Road	
Northfield, Ohio 44067	
Paul A. Guggenheim, Chief Executive Off	ìcer

Northcoast Behavioral Healthcare provides a variety of recovery-focused specialized programs for individuals with severe and persistent mental illness. Services include: inpatient mental health, dual diagnosis programs (mental illness and substance abuse), psychiatric evaluations, full array of outpatient services, including residential programs, respite care, case management, Assertive Community Treatment Teams and outreach workers.

AGENCY LISTING (cont'd)

NEOHS at Huron 13951 Terrace Road, 7th Floor East Cleveland, Ohio 44112

NEOHS at Marymount Trudell Center 12300 McCracken Road Garfield Heights, Ohio 44125

The Rose Home 2435 W. St. James Parkway Cleveland Heights, Ohio 44106

NEOHS at East End Neighborhood House 2749 Woodhill Road Cleveland. Ohio 44104

Provides community behavioral health services to residents of Cuyahoga County. Recognized as a quality leader; certified by the Ohio Department of Mental Health and the Ohio Department of Alcohol and Drug Addiction Services. A provider for the Cuyahoga County Community Mental Health Board, and the Alcohol & Drug Addiction Services Board of Cuyahoga County. Services include mental health assessment, professional counseling for individuals and families, psychiatric, nursing, as well as community psychiatric supportive treatment services (case management) for clients with severe mental illness, including psychiatric hospital liaison; children and adolescent services, family services, as well as a geriatric clinic, residential care, comprehensive Schizophrenia Treatment Program, Driver Intervention Program, chemical dependency treatment, treatment for "dual diagnosis," Perinatal/Women's Program, as well as special services for the hearing impaired, are also among the established, well recognized services.

Ohio Mentor, Inc	Phone 216-525-1885
9800 Rockside Road, Suite 800	
Valley View, Ohio 44125	Fax 216-525-1894
Lisa Clark, Children's & MH Srv. Admin.	www.thementornetwork.com

Ohio Mentor, Inc., provides mental health services to children and adolescents, adults and families. Services include mental health assessment, individual and group counseling/psychotherapy, community psychiatric supportive treatment services (CSPT – case management) and pharmacologic management services (medication somatic). Ohio Mentor, Inc., provides services at the office, in the home and the community in order to best meet the needs of the persons served.

Positive Education Program	Phone 216-361-4400
The Rico F. Pallotta Building	Fax 216-361-8600
3100 Euclid Avenue	www.pepcleve.org
Cleveland, Ohio 44115	

Frank Fecser, Ph.D., Executive Director

Positive Education Program (PEP) helps troubled and troubling children and youth successfully learn and grow through the Re-ED approach, blending quality education and mental health

services in partnership with families, schools, and communities. PEP's programs include:

Day Treatment Centers that serve school-age children and youth who have been diagnosed with an emotional disturbance in an integrated educational and mental health environment. PEP's ten centers are located throughout Northeast Ohio and have the ability to serve children with multiple disabilities.

PEP Assist - a consulting and training service provided to schools and programs designed to teach best practices for working with at-risk children.

A continuum of early childhood services that include two **Early Childhood Centers** (ECCs), **Day Care Plus** and **Help Me Grow**. PEP ECCs serve families with young children from birth through kindergarten age with serious behavioral difficulties by providing short-term educational and therapeutic services to the child and the family. Day Care Plus provides consultation services and technical assistance to child care providers, and support for families with children experiencing difficulties in the child care setting. PEP is a provider of Help Me Grow Ongoing Home Visiting Services in Cuyahoga County. Help Me Grow provides support and services to promote the well being of children birth to three who are at risk for developmental delay, abuse, or neglect.

Connections - a program designed to serve children and youth who have been diagnosed with a serious emotional disturbance; are involved with two or more of Cuyahoga County's child service systems such as the Department of Children and Family Services and/or the Juvenile Court; and are either at serious risk of removal from their families and the community, or are returning to their families and the community from placement.

Using a unique mix a traditional mental health services and high fidelity wraparound, PEP provides care management to children and youth and their families through **Tapestry**.

Group Homes serve adolescent males who have both an emotional disturbance and a cognitive disability. Goals for clients include family reunification, identification of permanent caretakers, or transition into independent living.

Through its many programs, PEP touches the lives of 3,000 children and families each year.

Recovery Resources	. Phone 216-781-9222
2900 Detroit Avenue	
Cleveland, Ohio 44113	
Helen Jones, Executive Director	

Services: Mental health and chemical dependency services; prevention, education, intensive out-patient (day and evening), partial hospitalization, information/referral/assessment, individual and family counseling, services to those individuals in the criminal justice system. Specialized services for those experiencing both a mental health and addiction problem, older adults, non-custodial fathers and individuals living with HIV/AIDS. Agency is CARF accredited. Also offers Employee Assistance Services.

Recovery Resources	Phone 216-431-4131
3950 Chester Avenue	
Cleveland, Ohio 44114	
Recovery Resources	Phone 216-241-5557
Metzenbaum Center	Fax 216-241-5537
3343 Community College Avenue	
Cleveland, Ohio 44115	

AGENCIES PROVIDING SERVICES FUNDED BY

OR THROUGH THE MENTAL HEALTH BOARD

KEYTO POPULATION GROUPS A = ADULTS; C = CHILDREN; E = ELDERLY

KEYTO POPULATION GROUPS A = ADULTS; C = CHILDREN; E = ELDERLY 24-Hour Mental Health Crisis/Information/Referral/				/	/	/	/	/
Services for Adults & Children		/s.		2 .	/ ~	. / .	, /_	
24-Hour Consumer Warm Line440-886-5950	TELEBUIONE		Seminent Coming	Month of the state		Moning Inc.	Regional Somics	Somics H.
AGENCY NAME	TELEPHONE	a sign					\ &&	
Achievement Centers for Children - 4255 Northfield Rd., Highland Hills 44128	216-795-7100		С					
Applewood Centers, Inc 2525 East 22nd, Cleveland 44115	216-696-5800	С	С			С	С	С
Beech Brook - 3737 Lander Rd., Pepper Pike 44124	216-831-2255	С	С			С	С	С
Bellefaire Jewish Children's Bureau - 22001 Fairmount, Shaker Heights 44118	216-932-2800	С	С			С	С	С
Bellflower Center - 11811 Shaker Blvd., #220, Cleveland 44120	216-229-8800		A,C,E					
Berea Children's Home and Family Services - 202 E. Bagley Rd., Berea 44017	440-234-2006	С	A,C			С	С	С
Bridgeway, Inc 8301 Detroit, Cleveland 44102	216-281-2660	C,A	C,A	Α	Α		Α	Α
Catholic Charities Services of Cuyahoga County - 7800 Detroit, Cleveland 44102	216-631-3499	A,C	A,C			С	С	С
Center for Families and Children - 4500 Euclid Ave., Cleveland 44103	216-432-7200	C,A,E	C,A,E					Α
Children's Community Access Program - 2245 Warrensville Ctr., #50, University Hts 44118	216-320-9891	С	С					
Cleveland Christian Home for Children - 11401 Lorain, Cleveland 44111	216-671-0977	С	С			С		
Community Behavioral Health Center - 3690 Orange Pl., #220, Beachwood 44122	216-831-1494	A,E	A,E					
Connections: Health.Wellness.Advocacy (formerly NEOHS) - 23210 Chagrin, #400, Beachwood 44122	216-831-6466	C,A,E	C,A,E			A,E	A,E	
Consumer Protection Association - 3030 Euclid Ave., #105, Cleveland 44115	216-472-0286							Α
Cuyahoga County Court Psychiatric Clinic - 1200 Ontario, 6th Fl., Cleveland 44113	216-443-7330		Α					
Eldercare Services Institute (formerly Benjamin Rose Inst.) - 11900 Fairhill Rd, Ste 300, Cleveland, 44120	216-791-8000	A,E	A,E			A,E		
Emerald Development and Economic Network, Inc. (EDEN) - 7812 Madison Ave., Cleveland 44102	216-961-9690						Α	
Epilepsy Association - 2800 Euclid, #450, Cleveland 44115	216-579-1330	Α	Α					
Far West Center - 29133 Health Campus Dr., Westlake 44145	440-835-6212	C,A,E	C,A,E			Α		Α
Jewish Family Service Association - 24075 Commerce Park, Beachwood 44122	216-292-3999	C,A,E	C,A,E	Α			Α	
Laurelwood Hospital - 35900 Euclid, Willoughby 44094	440-953-3000		C,A			С		
Lutheran Metropolitan Ministry - 1468 West 25th, Cleveland 44113	216-696-2715							A,E
Magnolia Clubhouse - 11101 Magnolia Dr., Cleveland 44106	216-721-3030			Α				Α
Mental Health Services, Inc - 1744 Payne Ave., Cleveland 44114	216-623-6555	Α	Α		C,A			Α
MetroHealth Medical Center - 2500 MetroHealth Drive, Cleveland 44109	216-778-4428		A,C			Α		
Murtis Taylor Human Services System - 13422 Kinsman, Cleveland 44120	216-283-4400	C,A	C,A			Α	Α	
NAMI of Greater Cleveland - 1400 West 25th St., 4th Fl., Cleveland 44113	216-875-7776							C,A,E
Northcoast Behavioral Healthcare - 1765 Sagamore Rd., Northfield 44067	330-467-7131	Α	Α				Α	Α
Ohio Mentor, Inc 9800 Rockside Rd., #800, Valley View 44125	216-525-1885	С	С					
Positive Education Program - 3100 Euclid, Cleveland 44115	216-361-4400	С	С	Α		С	С	С
Recovery Resources - 2900 Detroit Ave., Cleveland 44113	216-781-9222	Α	Α			Α		
St. Vincent Charity Hospital - 2351 East 22nd, Cleveland 44115	216-861-6200				C,A			Α
SPECTRUM of Supportive Services - 2900 Detroit, Cleveland 44113	216-939-2065	Α		Α			Α	
Visiting Nurse Association (VNA) - 2500 East 22nd, Cleveland 44115	216-931-1300		C,A,E					
West Side Ecumenical Ministry - 5209 Detroit Ave., Cleveland 44102	216-651-2037		A,C					1

17 16

AGENCY LISTING (cont'd)

Recovery ResourcesPhone 216-923-4001 14805 Detroit Road, Suite 320Fax 216-226-2847 Lakewood, Ohio 44107
St.Vincent Charity Hospital
Psychiatric Emergency Department offers crisis intervention and 23 hour observation216-363-2538
Inpatient Psychiatry Adult Stabilization Unit216-363-2669
Geriatric/Medical Inpatient psychiatric care
Rosary Hall Outpatient Satellite Office in Independence
Rosary Hall offers chemical dependency services for inpatient and outpatient
SPECTRUM of Supportive Services
SPECTRUM provides HOUSING throughout Cuyahoga County for adult mental health consumers. Program levels range from supervised living to independent, supported arrangements. Provides individualized goal planning, daily living skills training, supportive counseling and linkage with community resources.
SPECTRUM offers EMPLOYMENT opportunities in agency-operated businesses and in the community through the EMPLOYMENT ALLIANCE. The Employment Alliance, a collaborative venture with Bridgeway, Inc., provides a comprehensive range of pre-employment and competitive employment services to adults in Cuyahoga County who have mental illness. The Employment Alliance is located at 2900 Detroit Avenue in Cleveland.
SPECTRUM offers the LIFE SKILLS ADVANTAGE PROGRAM, which is a program assisting consumers living independently in the community.
SPECTRUM administers the WARMLINE, which is a round-the-clock telephone service in which peers respond to callers with encouragement and support. The WARMLINE phone number is 440-886-5950.
Visiting Nurse Association Phone 216-931-1300

www.vnacleveland.com

Mary Lou Stricklin, Chief Executive Officer

2500 East 22nd Street...... Fax 216-694 6379 Cleveland, Ohio 44115.......Intake 216-931-1400

The Visiting Nurse Association (VNA) of Cleveland is a voluntary, nonprofit agency providing quality homecare to the people of northeast Ohio. Its nursing, rehabilitation and home care aide services help individuals to reach optimal health by coordinating care and instructing families to function as caregivers. Behavioral Health nursing specialists and therapists provide community-based treatment for children, adolescents and adults with emotional, behavioral, psychiatric and chemical dependency problems.

West Side Ecumenical Ministry	Phone 216-651-2037
5209 Detroit Avenue	Fax 216-651-4145
Cleveland, Ohio 44102	www.wsem.org
Judith Peters, President, Chief Executive Officer	

Counseling Solutions is the Behavioral Health Program of West Side Ecumenical Ministry, which supports the needs of adults, adolescents, and children (age 3 and over) in Cuyahoga County who are living with mental illness or emotional disturbance. WSEM delivers Mental Health Assessment, Community Psychiatric Supportive Treatment and Behavioral Health Counseling and Therapy to children and adults. Psychiatric Services are provided to adults as needed in addition to talk therapy and community support. WSEM refers persons served to appropriate providers as needed if we are unable to serve all their needs.

Counseling Solutions provides the following behavioral health services:

Mental Health Assessment to individuals

Pharmacologic Management Service to adult individuals

Behavioral Health Counseling and Therapy for individuals and groups

Community Psychiatric Supportive Treatment for individuals and groups

The staff consists of qualified professionals who meet the regulatory requirements of experience, education, training, skill and competency to provide clinical services to the clients of Counseling Solutions.

Services are provided in the traditional office setting in the Counseling Solutions building location, in the homes of persons served as well as in other appropriate settings that best meet the needs of the client and the community.

MENTAL HEALTH SUPPORTIVE SERVICES

The Cuyahoga County Community Mental Health Board provides funding to agencies and Self Help & Peer Empowerment (SHAPE) organizations to deliver other/supportive mental health and self-help/peer support services. These services, such as training for group home providers, housing, payee programs and drop-in centers, supplement traditional mental health services and help consumers live full and productive lives in the community. The following is an alphabetical listing of these agencies and programs:

If you are looking for an agency providing a particular type of supportive service, refer to page 24 for a chart of agencies and service categories.

Volunteers share the power of friendship to help people diagnosed with mental illnesses live happier, more productive lives.

Solomon Harge, Executive Director

Consumer Protection Association (CPA) is a nonprofit agency providing Money Management services. CPA offers budget counseling, housing (mortgage and rental) counseling, utility management, financial literacy training and consumer advocacy. The agency also provides Representative Payee Services for adults and children. Working with the client's funds from various sources (i.e., Social Security Administration, Department of Veterans Affairs, employment), CPA's Representative Payee staff, in conjunction with other providers/family members and the client, develop a budget to ensure that appropriate shelter, food and clothing needs are met, allowing the client to maintain a relative qualitative lifestyle without the threat of financial abuse.

EDEN is a private, nonprofit housing development agency whose purpose is to increase the number of decent and affordable housing units available in the community for persons who are disabled, on a limited income and/or homeless. EDEN uses a multifaceted approach in the accomplishment of its goals: direct ownership—EDEN purchases, renovates, and then leases

housing units; partnerships with the private sector—EDEN works with private developers and contractors in the community to increase the number of housing units in Cuyahoga County; housing assistance program—EDEN administers rental assistance funds, sent directly to landlords, enabling eligible tenants to choose to live in existing units anywhere in the County. EDEN is also the administrator of the federally funded Shelter + Care program. This is a program to provide rental subsidy, in conjunction with services, for 1,200-1,300 individuals who are homeless, disabled and low-income.

EDEN also works in cooperation with CMHA (public housing authority) to expand housing opportunities for persons with disabilities through the Section 8 program and families reunifying with their children that are linked with the Department of Children and Family Services.

Future Directions is a *consumer-operated* drop-in center that uses a nonprofit craft business to introduce consumers into a social and work environment. Future Directions C.O.S. is available, without charge, to anyone who is currently experiencing mental health services or has had any type of mental health service in the past, and one does not have to do crafts to be a member. Participation in this group includes making raw materials into sellable items by working on craft projects. Consumers learn basic work skills while interacting in a peer group. Self-confidence is built through interaction with the public by selling finished projects at area craft shows. Peers help each other using simple tools to make an entire craft project. Setting up, running, and tearing down craft shows improves organizing and planning skills. Through interaction with other members, social skills improve. Future Directions C.O.S. also sponsors field trips, host parties, and provides entertainment for all members. The friendly atmosphere lends to relaxation and enjoyment no matter what activities one might prefer.

TLC Empowerment Center is a consumer-operated nonprofit organization that serves mental health consumers in a number of ways to enable mentally disabled clients to gain empowerment. TLC's philosophy of services is based on the knowledge that all persons and communities have strengths. TLC's major purpose is to identify these strengths and provide tools to empower individuals, families and communities to enhance the quality of their lives. TLC Empowerment Center provides services for consumers, and advocates four basic principles: self-knowledge, self-love, self-respect and self-discipline. These principles help develop a well-rounded person who is able to cope effectively with the stresses of everyday life. TLC is devoted to offering programs that encourage and increase pride in self and community, as well as those that can provide opportunities for group, individual and cultural expressions. TLC offers services that assist consumers in their daily living to help enable consumers to have self-confidence and to empower them to achieve their goals. TLC holds various business meetings to review issues generated by the membership, and offers a variety of social and recreational events as well as B.R.I.D.G.E.S. classes. Contact Clemente Powell, Arniesia Hicks, or Sandy Greer for information on the classes. Membership is based on attendance, cooperation, participation and paid membership. The annual membership fee is \$10.00.

MENTAL HEALTH SUPPORTIVE SERVICES (cont'd)

Hosts and Hostesses assist consumers with the development of self-help and empowerment skills while socializing in a *consumer-operated* drop-in center type atmosphere.

This consumer-operated drop-in center provides a homelike and welcoming atmosphere in which peer support and socialization help those living with mental illness combat isolation and stigma. Cookouts, holiday parties and movie/pizza nights are a few of the activities offered at Links East. Open 4:00 pm to 8:00 pm, Tues. through Fri. Open 1:00 pm to 8:00 pm on Saturday & Sunday. Closed Mondays. Membership is \$4 per year.

LMM is a nonprofit corporation of peace and justice programs serving Greater Cleveland with an emphasis on bringing right relationships between people and their communities. Five principle areas of program focus include work with ex-offenders, persons with disabilities, atrisk youth, the homeless and the elderly. Services to Adult Care Homes (SACH) is a program designed to provide technical assistance, training and support to the owners, operators and staff of adult care homes. SACH can be reached at 216-621-8322, fax 216-696-3317. Adult Guardianship Services (AGS) provides guardians to serve as caring advocates and surrogate decision makers for indigent adults, including chronically mentally ill, who are deemed incompetent by the court.

Adult Guardianship Services (AGS) 2800 Euclid Aveune Cleveland, Ohio 44115

Magnolia Clubhouse is a psychosocial, consumer-driven rehabilitation center for people living with mental illness, in existence in Cleveland, Ohio since 1961. Employments rates for members have averaged 40-45% compared to national rates of 5-10% for people who have mental illnesses. Members of Magnolia Clubhouse work in partnership with Clubhouse staff determin-

ing and conducting the work of the Clubhouse, as well as their own recovery. A key feature of the Clubhouse is Supported Employment, both Transitional and Independent. Transitional Employment is part-time paid work positions in the community that the Clubhouse develops and supports. The work of the Clubhouse includes producing a daily lunch, a weekly, monthly and quarterly newsletter, and a daily in-house televised news show. The Clubhouse operates a snack shop, video lab, art studio and Bloomin', a resale shop and art gallery open to the public.

A Clubhouse is holistic, empowering, and based on the idea that work and relationships within a community are healing. A Clubhouse community creates and supports opportunities for friendship, belonging and hope and works to ensure all the needs of its membership are met. Magnolia Clubhouse is the only certified Clubhouse in the state of Ohio, and is providing guidance to those interested in developing more Clubhouses across the state.

NAMI Greater Cleveland	Phone 216-875-7776
1400 West 25th Street, 4th Floor	Fax 216-861-2574
Cleveland, Ohio 44113	www.namigreatercleveland.org
Michael Baskin, Executive Director	-

A local affiliate of the National Alliance on Mental Illness, a nonprofit organization, NAMI Greater Cleveland is dedicated to empowering persons affected by mental illness and their family members to achieve a better quality of life by providing them with mutual support, practical information, referral, advocacy, and educational resources. The mission is accomplished through support groups, a Helpline, education courses, and advocacy activities.

Project One 2 One	Phone 216-281-2660 ext. 173
Bridgeway, Inc.	Fax 216-634-2076
• ,	. www.bridgewayinc.org/bwVolun.html
Cleveland, Ohio 44102	<i>5</i> , <i>5</i>
Jameifan Kunsa Cubamiaan	

Jennifer Kruse, Supervisor

The Project One 2 One program matches caring volunteers with persons in treatment for mental illness.

Crisis Stabilization Units:

Stricklin Crisis (West)......Phone 216-631-1740 8315 Detroit Avenue

Cleveland, Ohio 44102

East Side CrisisPhone 216-739-3530

1708 Southpoint Dr., 2R

Cleveland, Ohio 44109

AGENCIES PROVIDING SUPPORTIVE SERVICES FUNDED BY OR THROUGH THE MENTAL HEALTH BOARD

	SUPPORT AGENCY NAME	TELEPHONE	24-Hour	Centin	Employmen Service	Housing/ Serident	Training	Other Supplemental
1.	Compeer Program Far West Center 29133 Health Campus Drive, Westlake 44145	440-835-6212						✓
2.	Consumer Protection Association 3030 Euclid Ave., #105, Cleveland 44115	216-881-3434						✓
3.	Emerald Development and Economic Network, Inc. (EDEN) 7812 Madison Ave., Cleveland 44102	216-961-9690				✓		
4.	Future Directions 11511 Lorain Avenue, Cleveland 44111	216-251-8265		✓				
5.	Home for TLC 12523 Buckeye Road, Cleveland 44120	216-752-3260						√
6.	Links Cleveland, St. Augustine Church 2486 West 14th Street, Cleveland 44113	216-781-5530		✓				
7.	Links East 2500 Noble Road, Cleveland Heights 44121	216-381-4851		✓				
8.	Lutheran Metropolitan Ministry 1468 West 25th Street, Cleveland 44113	216-696-2715				√	✓	
9.	Magnolia Clubhouse 11101 Magnolia Dr., Cleveland 44106	216-721-3030			✓		✓	
10.	MHS, Inc., Information Line 1744 Payne Ave., Cleveland 44114	216-623-6888	✓					
11.	NAMI Greater Cleveland 1400 West 25th St., 4th Floor, Cleveland, 44113	216-875-7776					✓	✓
12.	Project One 2 One, Bridgeway, Inc. 8301 Detroit Avenue, Cleveland 44102	216-281-2660 ext. 173						✓
13.	SPECTRUM of Supportive Services 2900 Detroit Avenue, Cleveland 44113	216-939-2065 440-886-5950	✓			✓		✓

OTHER COMMUNITY SERVICES

The mental health services funded by the Cuyahoga County Community Mental Health Board are part of a much larger system of human services in Cuyahoga County. This system is diverse and complex, with many agencies, public and private, too numerous to list all of them here.

Following is a listing of some services and agencies that may directly aid in meeting the current needs and desires of mental health consumers — independent living, employment, and reduced hospitalization.

ALCOHOL AND DRUG ADDICTION

Alcohol and Drug Addiction Services Board

of Cuyahoga County216-348-4830

Fax 216-348-4834

This Board is the primary organization responsible for planning, funding, and monitoring the delivery of alcohol and drug addiction services in Cuyahoga County.

EMERGENCY SERVICES

See inside front cover of this directory.

EMPLOYMENT

Cuyahoga Employment and Family Services216-987-7000

Administers federal and state programs which assist Ohio Works First participants to achieve employment and self-suffficiency. Includes job search, education, job training, placement services, and assistance with child care and transportation.

The Employment Alliance......216-875-0460

The Employment Alliance is a collaborative venture between Bridgeway, Inc., and Spectrum of Supportive Services, that provide a comprehensive range of pre-employment and competitive employment services to adults in Cuyuahoga County who have mental illness. The Employment Alliance is located at 2900 Detroit Avenue, on Cleveland's near west side. The Employment Alliance follows an evidence-based supported employment model that encompasses individualized services that are tailored to meet the needs of the consumer. This model focuses on rapid engagement of the consumer and linkage to employment. As a provider in the Ticket to Work initiative in the State of Ohio, The Employment Alliance provides a leading edge service to mental health consumers living in Cuyahoga County.

Provides clients of the Bureau of Vocational Rehabilitation (BVR) with information on rights and responsibilities according to the Rehabilitation Act of 1973, consultation on securing needed services, negotiation when services are denied or delayed, and assistance or representation in appealing a decision regarding a vocational rehabilitation program.

Ohio Department of Jobs & Family Services216-787-3499

Fax 216-787-5213

Provides employment testing, counseling, and assistance to people who are seeking employment.

OTHER COMMUNITY SERVICES (cont'd)

Ohio Rehabilitation Services Commission
HOUSING Cleveland Tenants Organization
Council for Economic Opportunities in Greater Cleveland Housing Services Program
Cuyahoga Metropolitan Housing Authority (CMHA) Application Office
social services available at some sites to all residents. Progressive Action Council of CMHA
Authority (CMHA) by negotiating with CMHA to resolve housing problems such as eviction, billing, repairs, and sanitary conditions. HUMAN SERVICES INFORMATION AND REFERRAL
First Call For Help, United Way Services 211 or 216-436-2000 (Voice and TTY) The Lesbian/Gay Community Service Center of Greater Cleveland
Fax 216-651-6439 A multi-service agency providing programs, meeting space, awareness and advocacy for lesbian/gay/bisexual/transgender communities.
INCOME/PUBLIC ASSISTANCE Cuyahoga Employment and Family Services
Empowerment Center
Social Security Administration

For eligible persons, provides income and medical benefits such as Social Security Disability Insurance (SSDI), Supplemental Security Income (SSI), and Medicare.

MENTAL RETARDATION

Cuyahoga County E	Board of M	Iental Retar	dation and
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Developmental Disabilities216-241-8230

Fax 216-861-0253

This Board is the primary organization responsible for planning, funding, and providing services for people with mental retardation and developmental disabilities.

PROFESSIONAL ORGANIZATIONS

Academy of Medicine of Cleveland/

Northern Ohio Medical Association.......216-520-0110

Maintains a physician referral service, including psychiatrists, and handles complaints regarding physicians.

Cleveland Psychological Association216-397-9229

Provides information and referral regarding psychological services and psychologists in the Cleveland area.

State of Ohio Counselor, Social Worker and

Marriage and Family Therapist Board614-466-0912

Influences the development of the profession by continuous effort to improve professional practices, teaching, services, and research.

RIGHTS AND ADVOCACY

Call For Action216-578-0700 (or contact by mail)

Serves as a nonprofit referral and ombudsman service for Cuyahoga County, with special emphasis on government and legal problems. Submit postcard with stated problem to Call For Action, 5800 South Marginal Road, Cleveland, Ohio 44103.

Citizens of Cuyahoga County Ombudsman Office216-696-2710

Fax 216-696-2724

Works with residents of Cuyahoga County to find solutions to problems and/or complaints they may have with county governmental services.

Legal Aid Society of Cleveland

www.lasclev.org

The Legal Aid Society of Cleveland provides free legal services to low-income people. It handles a wide range of civil legal matters. You may call or come into one of the offices weekdays from 9:00 a.m. to 4:00 p.m. Persons aged 60 or older who have a legal question for an attorney can call 216-687-1900 and ask for the Senior Helpline.

Ohio Advocates for Mental Health......614-340-OAMH

(In Ohio) 1-800-589-2603

Fax 614-340-6272

OTHER COMMUNITY SERVICES (cont'd)

A statewide, nonprofit organization of mental health consumers whose purpose is both advocacy for consumers, and education of consumers, service providers, and the public, regarding the needs, desires, and abilities of people with mental illness.

Ohio Department of Mental Health Office of Consumer and Recovery Supports.....
614-466-0236

Ohio Legal Rights ServiceI-800-282-9181

Protects and advocates, through legal advice and legal counsel, the rights of people who have, or are alleged to have, mental illness. Represents the views of the individuals with disabilities themselves.

SELF-HELP AND SUPPORT GROUPS

National Depression and Bipolar Support Alliance......1-800-826-3632

www.dbsalliance.org

A national association that offers educational materials and information on support groups.

Recovery, Inc., Self-Help Mental Health Since 1937312-337-5661

(In Cleveland) 216-595-9276

www.recovery-inc.org

International self-help groups that offer ongoing training to learn to control symptoms and reactions that come from anxiety, panics, depression, nervous fears, anger, etc. Groups in Northern Ohio meet on a weekly basis. The principles on which Recovery is based parallel those found in cognitive-behavioral therapy. They were developed in 1937 by neuropsychiatrist Dr. Abraham A. Low. A voluntary contribution is taken. Call or check Web site for meeting information.

Tourette Syndrome Association of Ohio1-800-543-2675

www.tsaohio.org

A state-wide association that offers educational materials and information on support groups.

SYSTEM OF CARE

Cuyahoga Tapestry System of Care is a partnership of the county child-serving systems and community and neighborhood provider organizations that uses a seamless process to provide the children and families of Cuyahoga County with personalized, compassionate and relevant supports and services. Children who are disruptive, angry or unable to function in class, at home or in their neighborhoods may need the team approach to community services that Cuyahoga Tapestry System of Care can provide.

STATE OF OHIO

Ohio Department of Alcohol and Drug Addiction Services (ODADAS)614-466-3445
State agency that coordinates and oversees alcohol and drug treatment and prevention programs in Ohio.
Ohio Department of Job and Family Services (ODJFS)
Ohio Department of Mental Health (ODMH)
SUPPORT FOR FAMILY MEMBERS AND PEOPLE WITH MENTAL ILLNESS
NAMI OHIO614-224-2700
1-800-686-2649
Fax 614-224-5400
www.namiohio.org
A statewide, nonprofit organization to improve life for family members and friends of people
with mental illness by means of mutual support, education, advocacy, and support of research.
Local affiliate group:
NAMI — Greater Cleveland
PLAN of Northeast Ohio, Inc216-321-3611
www.planneohio.org
Planned Lifetime Assistance Network (PLAN) provides home based social work services, cog-
nitive enhancement therapy, and future care planning to persons with mental illiness and their
families. Also offers a wide range of social and recreational activities for its members.
TRANSPORTATION
Regional Transit Authority (RTA)216-566-5285 Offers reduced-fare bus passes for eligible persons with disabilities, including mental illness.
RTA Paratransit of Cleveland216-781-1110
A service of the Regional Transit Authority, functions as a pre-scheduled, door-to-door transit service within designated zones, for Cuyahoga County residents ages 65 or older, or for people who have handicapping conditions.

INPATIENT TREATMENT

Through continued development of public and private partnerships, the Cuyahoga County Community Mental Health Board has an ongoing commitment to reduce the need for hospitalization of mental health consumers. When hospitalization is necessary, the Mental Health Board is in favor of the best possible inpatient care, public or private, to restore the individual to the community as soon as possible.

State-Operated Hospital: Northcoast Behavioral Healthcare

There is one state-operated psychiatric hospital with two campuses that serve Cuyahoga County residents regardless of ability to pay. Although the hospitals are operated by the State of Ohio/Ohio Department of Mental Health, all admissions are authorized by the Cuyahoga County Community Mental Health Board. The purpose of this authorization is to make sure that hospitalization is in the best interest of the individual, as compared to a less restrictive community alternative.

Northcoast Behavioral Healthcare

Cleveland Campus	. 216-787-0500
Northfield Campus	. 330-467-7131

Other Local Hospitals

2351 East 22nd Street • Cleveland, OH 44115

The following area hospitals have psychiatric inpatient units, or outpatient behavioral health services, that are licensed by the Ohio Department of Mental Health. Each hospital may offer other mental health services, such as Meridia's 24-hour Central Referral Line. Please contact the hospital of your choice for more information about services and admission criteria.

Meridia's 24-Hour Central Referral Line	216-761-7990
The Meridia Crisis Central Referral Team provides 24-hour adolescent, adult, and geriatric mental health emergencies.	assessment and assistance with
Cleveland Clinic Foundation	(adolescents, adults) 216-444-5812
St. John West Shore Behavioral Health Center	(adults) 440-808-I 30 I
St.Vincent Charity Hospital	(adolescents, adults) 216-861-6200

Behavioral Health Center.....(Psychiatric Emergency Room) 216-363-2538

Lakewood Hospital(adults) 216-521-4200 14519 Detroit Avenue • Lakewood, OH 44107
Laurelwood Hospital
Lutheran Hospital
Marymount Hospital
Huron Hospital(adults) 216-761-6996 Outpatient Behavioral Medicine 13951 Terrace Road • East Cleveland, OH 44112
MetroHealth Medical Center
Parma General Hospital
Southwest General Health Center Oakview Behavioral Health(adolescents, adults) 440-816-8200 18697 Bagley Road • Middleburg Hts., OH 44130
Dept of Veterans Affairs Medical Center Brecksville Division
Wade Park Division(adults) 216-791-3800
University Hospitals(adults) 216-844-3880 I I I 00 Euclid Avenue • Cleveland, OH 44106(children, adolescents) 216-844-3881

STAY INFORMED

The Cuyahoga County Community Mental Health Board offers Cuyahoga County residents an opportunity to stay informed and become involved as advocates for mental health.

MAILING LISTS

Consumers, family members, providers and the public may request to be placed on the Cuyahoga County Community Mental Health Board's mailing list. Being on our mailing list allows you to stay informed by receiving the Board's newsletter, *The Forecast*, the Services Directory, Annual Report, the May is Mental Health Month calendar, as well as announcements about our Annual Helping Hand Awards, Annual Meeting and other special events.

The Cuyahoga County Community Mental Health Board also offers an e-mail Legislative Tracking and Advocacy Program and CEO Headliners. Through e-mail, subscribers will receive the latest news and actions alerts about legislation and other issues impacting mental health in Cuyahoga County, the state of Ohio and the United States.

Stay informed. Have your name placed on our mailing and/or e-mail lists by contacting the External Affairs Division at osiecki@cccmhb.org or at (216) 241-3400, ext. 361.

WEB SITES

Another way to stay informed is to access the **Cuyahoga County Community Mental Health Board's Web site at www.cccmhb.org**. You can find consumer and family information, service providers, facts about mental health, news and legislation, board publications and general information about the Board.

CCCMHB sponsors the **Network of Care site at www.networkofcare.org**, which offers a comprehensive directory of mental health services available in Cuyahoga County, and also supplies up-to-date information about diagnoses, insurance, legislation, advocacy, emergency services, and daily news from around the world concerning mental health. It allows you to establish private and secure folders to keep important information about health care, community support services and more, that can be shared with family, friends and providers. A special section for providers allows for the exchanging of ideas and challenges through private message boards and creation of separate Web sites.



1400 West 25th Street • Cleveland, Ohio 44113-3199 TEL: 216-241-3400 • FAX: 216-861-5067

TDD/TTY: 216-241-3983

WEB: www.cccmhb.org www.networkofcare.org

About the Cover Artwork: Metropolis is a drawing by an services through Spectrum of adult consumer who received Supportive Services.





Equal Opportunity Employer